18th CONGRESS OF THE EUROPEAN SOCIETY FOR SEXUAL MEDICINE
4 – 6 February 2016 | Madrid, Spain
www.essm.org

Madrid

Late Breaking Poster Submission: Deadline on 6 January 2016

Hosted by: ASESÁ – Asociacion Española de Andrologia
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**Preliminary Scientific Program**

- 13 Thursday, 4 February 2016
- 16 Friday, 5 February 2016
- 19 Saturday, 6 February 2016
- 22 Multidisciplinary Joint Committee on Sexual Medicine Exam (MJCSM)
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**DATES TO REMEMBER**

- 6 January 2016 Deadline for Late Breaking Posters
- 5 February 2016 Congress Opening Ceremony

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**CONGRESS VENUE**

Palacio Municipal de Congresos de Madrid
Campo de las Naciones
Avenida de la Capital de España
28042 Madrid, Spain

**CONGRESS AND EXHIBITION OFFICE**

CPO HANSE-Service

Office Hamburg
Hanser & Co GmbH
Zum Ehrenhain 34
22885 Barsbüttel | Germany
Phone: +49 – 40 – 670 88 20
Fax: +49 – 40 – 670 32 83
Email: essm2016@cpo-hanser.de

**ESSM SCIENTIFIC CHAIR**

Maarten Albersen
Experimental Urology
University Hospitals Leuven
Leuven, Belgium
Email: ESSM_scientific@hotmail.com

**ESSM SECRETARIAT**

European Society for Sexual Medicine
Daniela Pajola
Via Ripamonti 129
20141 Milan | Italy
Phone: +39 – 025 – 6601 625
Fax: +39 – 027 – 0048 577
Email: admin@essm.org
Welcome Address

Dear Colleagues and Friends,

The 18th Congress of the European Society for Sexual Medicine (ESSM) will be held in Madrid from 4 to 6 of February of 2016. The President of ESSM and the local Chairmen, on behalf of the Spanish Association of Andrology and Sexual Medicine (ASESA), have the great pleasure to welcoming you to this meeting. Madrid 2016 will be the place where the European and world leading experts in Sexual Medicine gather to share their knowledge and experience.

Madrid is proud to host this meeting for the second time, as the 2nd meeting of ESSM (at that time was the European Society for Impotence Research, ESiR) was organized by the late Iñigo Saenz de Tejada in October, 1997. He was one of the founders of ESSM and President of the Society. This meeting is dedicated to his memory as one of the brightest scientists in Sexual Medicine and great human being.

The scientific program of the meeting will cover all topics of Sexual Medicine in both genres, dealing with the clinical grounds and the basic science according to the long tradition of ESSM. State of the Art Lectures, Round Tables and Podium and Poster Sessions will bring up the most recent advances in clinical and basic research. Along with the scientific content, the educational program constitutes an opportunity not only for young professionals in the field but also for those willing to go deeper in any specific topic. The faculty is ready to provide the audience with the best scientific evidence in Sexual Medicine.

Madrid is the vibrant capital of Spain; history, culture and entertainment combine in a perfect fusion in a city that never sleeps. If the attendee to the meeting can spare some time it is worth to visit historical places, some of the many museums in the city or just walking the multicolor streets.

Be certain that the ESSM Scientific Committee, the Executive Board together with the Local Organizing Committee will put together an inspiring scientific program framed by excellent networking opportunities with your colleagues.

Join us 2016 for this outstanding Scientific Congress! See you in Madrid 2016, the 18th ESSM Annual Meeting.

David Ralph, UK  Ignacio Moncada Iribarren, Spain  Juan I. Martínez-Salamanca, Spain
ESSM President  Local co-chair  Local co-chair

David Ralph
Ignacio Moncada Iribarren
Juan Ignacio Martínez-Salamanca
ESSM History

**ESSM PRESIDENT**

David Ralph  
St. Peter’s Hospital and The Institute of Urology  
London, United Kingdom

**ESSM PRESIDENTS**

<table>
<thead>
<tr>
<th>Year</th>
<th>President</th>
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**ESSM CONGRESSES, VENUES AND CHAIRMEN**

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## ESSM Committees

### ESSM EXECUTIVE COMMITTEE

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<thead>
<tr>
<th>Position</th>
<th>Name</th>
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<tbody>
<tr>
<td>President</td>
<td>David Ralph</td>
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<tr>
<td>President-Elect</td>
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<tr>
<td>Treasurer</td>
<td>Carlo Bettocchi</td>
<td>Italy</td>
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<tr>
<td>Secretary General</td>
<td>Natalio Cruz Navarro</td>
<td>Spain</td>
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<tr>
<td>Chairman of the Scientific Committee</td>
<td>Maarten Albersen</td>
<td>Belgium</td>
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<tr>
<td>Chairman of the Educational Committee</td>
<td>Yacov Reisman</td>
<td>The Netherlands</td>
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<tr>
<td>Strategic Development Officer</td>
<td>Selahittin Cayan</td>
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<tr>
<td>International and Public Relations Officer</td>
<td>Hartmut Porst</td>
<td>Germany</td>
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<td>Advisory Board Representative</td>
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<td>Editor of the ESSM newsletter</td>
<td>Juan Ignacio</td>
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### ESSM SCIENTIFIC COMMITTEE

#### Sub-Committee

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<tr>
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### ESSM Committees

#### ESSM EDUCATIONAL COMMITTEE

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<tr>
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<td>Giovanni Corona, Italy&lt;br&gt;Beatrice Cuzin, France&lt;br&gt;Natalio Cruz, Spain&lt;br&gt;John Dean, United Kingdom&lt;br&gt;Ilan Gruenwald, Israel&lt;br&gt;Evie Kirana, Greece&lt;br&gt;Lior Lowenstein, Israel&lt;br&gt;Timo Ole Nieder, Germany&lt;br&gt;Fabrizio Palumbo, Italy&lt;br&gt;Hartmut Porst, Germany&lt;br&gt;Francesca Tripodi, Italy&lt;br&gt;Michael Zitzmann, Germany</td>
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#### ESSM LOCAL ORGANIZING COMMITTEE

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<td>Natalio Cruz&lt;br&gt;Javier Romero&lt;br&gt;Agustín Fraile&lt;br&gt;Rafael Prieto&lt;br&gt;Javier Angulo&lt;br&gt;Enrique Lledo&lt;br&gt;Josep Torremade&lt;br&gt;Ana Puigvert&lt;br&gt;José María Pomerol</td>
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#### ASESÁ EXECUTIVE BOARD

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<tr>
<td>President</td>
<td>Rafael Prieto Castro</td>
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ESSM Prizes and Awards

MEETING AWARDS
The best presentations will be awarded by ESSM’s Scientific Committee.

1. Prize for the best presentation on psychosexual, gender, and sexuality
2. Prize for the best presentation on FSD (clinical)
3. Prize for the best presentation on MSD (preclinical)
4. Prize for the best presentation on MSD (clinical)

Please note that the author of the presentation must be present during the congress in Madrid.

ESSM BASIC SCIENTIST TRAVEL GRANTS
These grants which all members of ESSM are welcome to apply for (providing that they meet the eligibility criteria), are intended to support basic scientists wishing to attend the ESSM Annual Congresses. ESSM recognises that basic scientists who are not actively engaged in clinical work in sexual medicine field may have difficulty finding sponsors to attend ESSM Annual Congresses. ESSM will therefore award a free registration and EUR 500 travel expenses to ten of its members towards attending the Annual Congresses. The application deadline, eligibility criteria and terms and conditions of the grants can be found at the ESSM website.

THE ESSM PRESTIGE AWARDS
The Executive Committee of ESSM decided to establish two awards to be presented during the annual meetings of the Society:

The ESSM Career Award
This award will be presented to a senior scientist who has made an outstanding contribution in the field. The award winner will be decided by the Executive and Scientific Committees. The award will be presented during the opening ceremony.

ESSM RESEARCH GRANTS
Every year ESSM grants up to EUR 30,000 each to 3–4 research projects with a maximum duration of 18 months. Research Grants are open to all ESSM members who fulfill the eligibility criteria. The application deadline, eligibility criteria and terms and conditions of the grants can be found at the ESSM website. We will be hearing from some of the previous grant holders in Madrid meeting about their exciting and groundbreaking research.

F1000 POSTER PRIZES
The ‘Faculty of 1000’ has offered three best poster prizes during the 18th ESSM Congress 2016 in Madrid for pre-clinical, male clinical and female clinical research.

The prizes will comprise of:
1. A year’s personal subscription to F1000Prime – “any award winner is clearly somebody who takes their research seriously and has excelled in their work. In order to harness this enthusiasm, we provide them with their own personal access to F1000Prime recommendations so that they can keep up to date with the top articles in the literature, and help in supplementing ongoing projects.”
2. A free submission to F1000Research – “we provide the winners with the opportunity to publish their work rapidly with no hassle, giving them quick priority on their work, and enabling everyone in the field to benefit from their work right away.”
3. A Faculty of 1000 certificate – “because it’s nice to have a hard copy of the achievement for the award winner’s record and curriculum vitae”.

F1000 is composed of 5,000 Faculty Members – senior scientists and leading experts in all areas of biology and medicine – plus their associates. The Faculty recommends the most important articles, rating them and providing short explanations for their selections. More info can be found at http://f1000.com/.
ESSM Awards

ESSM AWARD WINNERS

Best Presentation Awards

1995  Christian Stief, Germany
1997  Paul F. Engelhardt, Germany
       Francois Giuliano, France
       Suks Minhas, United Kingdom
2000  Apostolos Apostolidis, Greece
       F. Mumtaz, United Kingdom
2002  Annamaria Giraldi, Denmark
       Andrea Salonia, Italy
2003  Stefan Ückert, Germany
       Ilan Gruenwald, Israel
       Mustafa Usta, Turkey
       Alberto Briganti, Italy
2004  Byoung Ahn, Republic of Korea
       Javier Angulo, Spain
       Antonio Aversa, Italy
2005  Giovanni Corona, Italy
       Elke Gizewski, Germany
       Halim Hattat, Turkey
       Attila Kun, Hungary
       Sava Perovic, Serbia
2006  Fotini Fereridou, Greece
       Giulio Garaffa, Italy
       Wayne Hellstrom, USA
       Linda Vignozzi, Italy
       Guido van Wingen, The Netherlands
2007  Stephanie Ortigue, France
       Dara Lazar, Austria
       Ignacio Moncada, Spain
       Jun-Kyu Suh, Republic of Korea
       Tolga Akman, Turkey
2008  David Ralph, United Kingdom
       Judith Alder, Switzerland
       Konstantinos Rokkas, Greece
       K. Park, Republic of Korea
       H. Gelez, France
2009  Andrea Russo, Italy
       Gert Holstege, The Netherlands
       Javier Angulo, Spain
       Yoram Vardi, Israel
       Jas Kalsi and Giulio Garaffa, United Kingdom
2010  José La Fuente Carvalho, Portugal
       Elisa Bandini, Italy
       Fulvio Colombo, Italy
       Jonathan Greggain, Canada
       Andrea Burri, United Kingdom

2011  Fabio Castiglione, Italy
       Jun-Kyu Suh, Republic of Korea
       Jacques Buvat, France
       Rosario Leonardi, Italy
2012  Silvia Vailati, Italy
       Annika Gunst, Finland
       Karl Beetson, United Kingdom
       Andrea Isidori, Italy
       Su-Yeon Jang, Republic of Korea
2014  Mustafa Faruk Usta, Turkey
       Ahmet Gokce, Turkey
       Lars Lund, Denmark
       Michael Krychman, USA
       Linda Vignozzi, Italy
2015  Dimitrios Kalyvianakis, Greece
       Hotaka Matsu, Japan
       Megan McCool, Germany
       Tim van de Grift, The Netherlands

Career Award

2002  John Pryor, United Kingdom
2003  Gorm Wagner, Denmark
2004  Giles Brindley, United Kingdom
       Ronald Virag, France
2005  Karl-Erik Andersson, Sweden
2007  Inigo Saenz de Tejada, Spain
2008  Vaclav Michael, Czech Republic
2009  Axel R. Fugl-Meyer, Sweden
2010  Hans Hedlund, Norway
2011  Jacques Buvat, France
2012  Yoram Vardi, Israel
2014  Antonio Martin-Morales, Spain
2015  Graham Jackson, United Kingdom

Award of Excellence

2002  Petter Hedlund, Sweden
2003  Selim Celek, United Kingdom
2004  Stefan Ückert, Germany
2005  Javier Angulo, Spain
       Ekkehard W. Hauck, Germany
2006  Andrea Salonia, Italy
2007  Antonio Aversa, Italy
2008  Delphine Behr-Roussel, France
2009  Giovanni Corona, Italy
2010  Tillmann Krüger, Germany
2011  Stephanie Cacioppo, Switzerland
2014  Linda Vignozzi, Italy
2015  Carla Costa, Portugal
Format Descriptions

**MASTER LECTURES**
Master lectures of 30 minutes will be given by a distinguished and renowned expert and will be devoted to a specific topic of major interest.

**ROUND TABLES**
These sessions will usually last 90 minutes. Some of these sessions are scheduled for at least 60 minutes. They will focus on a particular topic and present the very latest data related to it. The round tables will include four or five papers and time for discussion.

**WORKSHOPS – Lessons from the experts beyond the EBM (evidence based medicine)**
Workshops are designed for an interactive exchange of knowledge in the field of Sexual Medicine. During each workshop a short review of the accepted practice will be given following practical tips and tricks for the daily practice. The workshops will be conducted by a prominent, experienced speaker. The number of participants will be limited and according to “first come first served”. For the daily practice, hand-outs will be available online following to the respective workshop.

**LIVE SURGERY**
International experts will demonstrate cutting edge techniques and new tricks in a lively format. The surgery will be lively broadcasted from a hospital in Madrid.

**VIDEO SURGERY COURSE**
The video surgery course will last 90 minutes, each video has a duration of 10 to 15 minutes. A panel of selected experts will present surgical videos showing different techniques and approaches and will discuss the details with the participants.

**SYMPOSIA IN NATIONAL LANGUAGE**
During the three congress days a dedicated room will be provided for symposia in national language by the National Affiliated Societies of the ESSM.

**PODIUM SESSIONS/ SUBMITTED SURGERY VIDEO SESSION**
These sessions will present the best papers accepted for the congress and will focus on specific topics presenting the very latest findings in this field. Each session will last between 30 to 60 minutes. Authors are invited to submit abstracts as oral presentations, classified by topics at www.essm-congress.org

**POSTERS**
Authors are invited to present their latest research findings or important ongoing research as posters; these will be grouped into areas of research by the ESSM scientific committee. The poster exhibition is preliminary scheduled from Thursday, 4 to Saturday, 6 February 2016. Some of the posters might be selected for highlighted poster sessions. These 30-minute sessions are moderated by a senior chair and take place during the morning and afternoon breaks in the poster exhibition.

**INDUSTRY SPONSORED SESSIONS**
Industry sponsored sessions are organized by the industry in consultation with the scientific committee are considered for the congress days from Thursday to Saturday. These sessions are scheduled during the congress and will not interfere with the scientific program.

**CME ACCREDITATION**
An application will be made to the EACCME for CME accreditation of this event.
## Preliminary Program Schedule | Thursday, 4 February 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Room</th>
<th>Auditorium A</th>
<th>Room Madrid</th>
<th>Room Paris</th>
<th>Room Berlin</th>
<th>Foyers</th>
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<td>08:00</td>
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<td>09:00</td>
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<td><strong>RT-01</strong></td>
<td><strong>PS-01</strong></td>
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<td>EFS + ESSM: how to take the pain out of the sex?</td>
<td>Male sexual dysfunction – medical</td>
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<td>10:00</td>
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<td><strong>ML-01</strong></td>
<td><strong>WS-01</strong></td>
<td><strong>WS-02</strong></td>
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<td>Advocating sexual health - ...</td>
<td>Penile cancer: contemporary management and sexual consequences</td>
<td>Sex in the disabled</td>
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<td>NS-01 ASESA/SPA (Spanish, Portuguese language)</td>
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<tr>
<td>11:00</td>
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<td><strong>RT-02</strong></td>
<td><strong>RT-03</strong></td>
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<td>Incontinence and sexuality after prostate cancer treatment</td>
<td>Sex and conception after gynecological malignancy?</td>
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<td>ESSM-01 New opportunities for research funding from ESSM &amp; interim...</td>
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<tr>
<td>12:00</td>
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<td><strong>SA-01</strong></td>
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<td></td>
<td>Industry sponsored Satellite Symposium</td>
<td>Break</td>
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<td>14:00</td>
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<td><strong>ML-02</strong></td>
<td><strong>LV-01</strong></td>
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<td>ASESA/SPA</td>
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<td></td>
<td></td>
<td>The &quot;Absent-Penis&quot;...</td>
<td>Live Surgery Broadcasted from Hospital in Madrid</td>
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<tr>
<td>15:00</td>
<td></td>
<td><strong>RT-04</strong></td>
<td><strong>ESSM-02</strong></td>
<td><strong>PS-02</strong></td>
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<td>SEX STEROIDS: the fuel or the catalystor of sexual function?</td>
<td>Resident’s corner and presentations of case studies</td>
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<td>Sexology</td>
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<tr>
<td>16:00</td>
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<td><strong>ML-03</strong></td>
<td>Break</td>
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<td>ISSM Lecture</td>
<td>Break</td>
<td></td>
<td></td>
<td>Highlighted Poster Tours</td>
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<tr>
<td>17:00</td>
<td></td>
<td><strong>RT-05</strong></td>
<td><strong>RT-SMSNA</strong></td>
<td><strong>ML-04</strong></td>
<td></td>
<td>National Symposia</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ENDOMETRIOSIS and its sexual consequences</td>
<td>Management of the fibrotic penis</td>
<td>Erotic art at the Prado</td>
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<tr>
<td>18:00</td>
<td></td>
<td><strong>SA-02</strong></td>
<td></td>
<td></td>
<td>Industry sponsored Satellite Symposium</td>
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<td>18:30</td>
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<tr>
<td>19:30</td>
<td></td>
<td><strong>Opening Ceremony</strong></td>
<td>19:30 – 21:00 Networking Reception in the exhibition area</td>
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</tbody>
</table>

### ABBREVIATIONS

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>RT</td>
<td>Round Table</td>
</tr>
<tr>
<td>ML</td>
<td>Master Lecture</td>
</tr>
<tr>
<td>WS</td>
<td>Workshop</td>
</tr>
<tr>
<td>VS</td>
<td>Video Surgery Course</td>
</tr>
<tr>
<td>SA</td>
<td>Industry sponsored Satellite Symposium</td>
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<tr>
<td>PS</td>
<td>Podium Session</td>
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<tr>
<td>ESSM</td>
<td>ESSM Session</td>
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<tr>
<td>LV</td>
<td>Live Surgery Session</td>
</tr>
<tr>
<td>NS</td>
<td>National Session Symposia</td>
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</table>
## Friday, 5 February 2016 | Preliminary Program Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Auditorium A</th>
<th>Room Madrid</th>
<th>Room Paris</th>
<th>Room Berlin</th>
<th>Foyers</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00</td>
<td><strong>RT-06</strong> Is sex dying with age?</td>
<td></td>
<td>WS-03 Hyperprolactinemia</td>
<td></td>
<td>Registration Counter 07:30–18:00</td>
</tr>
<tr>
<td>09:00</td>
<td></td>
<td>LV-02 Live Surgery Broadcasted from Hospital in Madrid</td>
<td></td>
<td></td>
<td>Exhibition 08:00–17:00</td>
</tr>
<tr>
<td>10:00</td>
<td><strong>RT-07</strong> Mysteries of the female orgasm</td>
<td></td>
<td>WS-04 Sexual transmitted infections: sexual consequences</td>
<td></td>
<td>Poster Exhibition 08:00–17:00</td>
</tr>
<tr>
<td>11:00</td>
<td><strong>ESSM-03</strong> WAS Session</td>
<td></td>
<td>RT-08 Sexytocin</td>
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<tr>
<td>13:00</td>
<td><strong>SA-03</strong> Industry sponsored Satellite Symposium</td>
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<td>14:00</td>
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<tr>
<td>15:00</td>
<td><strong>ML-05</strong> Flibanserin for HSDD in women...</td>
<td>VS-01 Video Surgery Course</td>
<td>PS-05 Female sexual dysfunction</td>
<td>PS-04 Basic science</td>
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<tr>
<td>16:00</td>
<td><strong>RT-09</strong> T use and abuse focus on body composition and metabolic profile</td>
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<td>19:00</td>
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</table>

**Break / Highlighted Poster Tours**
<table>
<thead>
<tr>
<th>Time</th>
<th>Auditorium A</th>
<th>Room Madrid</th>
<th>Room Paris</th>
<th>Room Berlin</th>
<th>Room 5</th>
<th>Foyers</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00</td>
<td><strong>RT-12</strong> Dermatological changes in the vulvovaginal area...</td>
<td><strong>RT-13</strong> Men's health checklist: male health status and sexuality throughout the lifespan</td>
<td><strong>WS-06</strong> Difficult cases in psychogenic ED: from diagnosis to treatment</td>
<td>National Symposia</td>
<td>Spanish Session for GPs</td>
<td>Registration Counter 07:30 – 17:00</td>
</tr>
<tr>
<td>09:00</td>
<td><strong>RT-14</strong> Where does normal stop and perverse start?</td>
<td><strong>RT-15</strong> Complex cases and complication management in penile disorders</td>
<td><strong>WS-07</strong> Disorders of sexual development: combined with Euro PSI</td>
<td>National Symposia</td>
<td>Spanish Session for GPs</td>
<td>Exhibition 08:00 – 17:00</td>
</tr>
<tr>
<td>10:00</td>
<td><strong>ML-08</strong> State of the art in male contraception</td>
<td><strong>RT-16</strong> Shocking penile therapies: ESWT from bench to bedside</td>
<td><strong>RT-17</strong> Penile controversies: the foreskin</td>
<td>National Symposia</td>
<td>Spanish Session for GPs</td>
<td>Poster Exhibition 08:00 – 17:00</td>
</tr>
<tr>
<td>11:00</td>
<td><strong>RT-18</strong> The health benefits of sexual expression</td>
<td><strong>PS-07</strong> Submitted surgery videos</td>
<td><strong>WS-08</strong> Difficult cases of ejaculatory disorders: practical tips</td>
<td>National Symposia</td>
<td>Spanish Session for GPs</td>
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<tr>
<td>12:00</td>
<td><strong>ML-09</strong> Award of Excellence</td>
<td><strong>RT-19</strong> Ejaculatory and orgasmic dysfunction in 2016</td>
<td><strong>RT-20</strong> Urethral surgery and its effects on sex life</td>
<td>National Symposia</td>
<td>Spanish Session for GPs</td>
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<tr>
<td>13:00</td>
<td><strong>SA-04</strong> Industry sponsored Session: cases that matter</td>
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<td><strong>PS-08</strong> Male sexual dysfunction</td>
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<tr>
<td>14:00</td>
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<td><strong>RT-21</strong> Impact of metabolic and eating disorders on sexual function in men and women</td>
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<td>15:00</td>
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<td><strong>PS-07</strong> Submitted surgery videos</td>
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<td>17:00</td>
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<td>Closing Ceremony</td>
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</tbody>
</table>
Thursday, 4 February 2016 | Preliminary Scientific Program

RT-01 ROUND TABLE
08:30–10:00 Auditorium A
EFS + ESSM session: how to take the pain out of the sex?
Chairs: Allessandra Grazziotin, Italy
Chiara Simonelli, Italy
Studying sexual pain in the sex lab: how do we involve partners?
Marieke Dewitte, Belgium
The impact of dyadic sexual communication between partners and genital self-image on sexual pain and distress
Evie Kirana, Greece
Disgust-based mechanisms in sexual pain disorders
Charmaine Borg, The Netherlands
On the link between sexual trauma, insecure attachment and pelvic floor hypertonicity in chronic pelvic pain
Ellen Laan, The Netherlands

PS-01 PODIUM SESSION
08:00–10:00 Room Madrid
Male sexual dysfunction – medical

WS-01 WORKSHOP
08:00–09:00 Room Paris
Penile cancer: contemporary management and sexual consequences
Chair: Asif Muneer, United Kingdom

NS-01 NATIONAL SYMPOSIUM
08:00 – 14:00 Room Berlin
ASESA/SPA Symposium
Spanish and Portuguese language
Organiser: ASESa and SPA

WS-02 WORKSHOP
09:00–10:00 Room Paris
Sex in the disabled
Chair: Woet Gianotten, The Netherlands

ML-01 MASTER LECTURE
10:00 – 10:30 Auditorium A
Advocating sexual health – how to raise public awareness of tabooed topics
Chair: Mikkel Fode, Denmark
Speaker: Christian Graugaard, Denmark

RT-02 ROUND TABLE
10:30 – 11:45 Auditorium A
Incontinence and sexuality after prostate cancer treatment
Chairs: Koen Van Renterghem, Belgium
Duncan Summerton, United Kingdom
How to select the right patient for the right treatment: what role does sexuality play in prostate cancer treatment choices?
Andrea Salonia, Italy
Effects of pelvic floor training and penile rehabilitation on incontinence recovery after radical prostatectomy
Giorgio Gandaglia, Italy
Bringing the “sex” back in sexual medicine: rehabilitation after radical prostatectomy should be sexual, and not penile rehabilitation
Yacov Reisman, The Netherlands
When all the rest fails: options and timing for surgical treatment of incontinence and ED following prostatectomy
Ignacio Moncada, Spain
Performance of prosthetic surgery in the real life setting: data from a large IPP registry
Gerard Henry, USA

RT-03 ROUND TABLE
10:30 – 12:00 Room Madrid
Sex and conception after gynecological malignancy?
Chairs: Arik Shechter, Israel
Johannes Bitzer, Switzerland
Sexuality in breast cancer survivors
Gideon Sartorius, Switzerland
Sexual consequences of gynecological cancers and cancer treatments in the pelvis
Luca Incrocci, The Netherlands
The current role and future prospects of cryobanking of oocytes and ovarian tissue
Stine Kristensen, Denmark
Sexual rehabilitation in women treated for gynecological cancers
Isabel White, United Kingdom
Preliminary Scientific Program I Thursday, 4 February 2016

**ESSM-01**

10:30 – 11:30 Room Paris

New opportunities for research funding from ESSM & interim reports from previous grant winners
Chair: Selim Cellek, United Kingdom

Update on ESSM Grants and Fellowships
Selim Cellek, United Kingdom

Is Galanin an endogenous neurotrophin in the MPG?
Emmanuel Weyne, Belgium

First results from Peyronie’s disease phenotypic screening
Marta Mateus, United Kingdom

Long term consequences cavernous nerve injury in type 1 diabetic rat
Fabio Castiglione, Belgium

ESSM Educational Activities: Why do we need grants?
Ycaov Reisman, Netherlands

**ESSM Grants**

**RT-04**

14:00 – 15:30 Auditorium A

SEX STEROIDS: the fuel or the catalysator of sexual function?
Chairs: Eduardo Garcia-Cruz, Spain
Zsolt Kopa, Hungary

Nongenomic effects of sex steroids in sexual function
Koen Van Renterghem, Belgium

Genomic and long term effects of sex steroids in male and female sexual disorders
Mario Maggi, Italy

Clinical update on hypogonadism and TRT new forms of administration
Stefan Arver, Sweden

The involvement of testosterone in the treatment of FSIAD
Adriaan Tuiten, The Netherlands

**12:00 – 13:30 Break**

**SA-01**

12:00 – 13:00 Auditorium A

INDUSTRY SPONSORED SATELLITE SYMPOSIUM

**ML-02**

13:30 – 14:00 Auditorium A

MASTER LECTURE

Presidential lecture: the “Absent-Penis” – phallic construction in men
Chair: Jens Sønksen, Denmark
Speaker: David Ralph, United Kingdom

**ESSM-02**

14:00 – 15:30 Room Paris

ESSM Resident’s Corner

Resident’s corner and presentations of case studies
Chair: Mikkel Fode, Denmark

Endocrinology case
Gefsi Mintziori, Greece

Gynecology case
Sigmund Jan, Slovenia

Urology case
Juan Luis Vásquez, Denmark

Psychiatry case
Mariana Pinto da Costa, Portugal

ESSM Quiz
Ycaov Reisman, The Netherlands

**LV-01**

13:30 – 16:15 Room Madrid

LIVE SURGERY

Broadcasted from Hospital in Madrid

**ESSM-02**

14:00 – 15:30 Room Paris

ESSM Resident’s Corner

Resident’s corner and presentations of case studies
Chair: Mikkel Fode, Denmark

Endocrinology case
Gefsi Mintziori, Greece

Gynecology case
Sigmund Jan, Slovenia

Urology case
Juan Luis Vásquez, Denmark

Psychiatry case
Mariana Pinto da Costa, Portugal

ESSM Quiz
Ycaov Reisman, The Netherlands
Thursday, 4 February 2016  | Preliminary Scientific Program

**PS-02 PODIUM SESSION**

**14:00 – 15:30 Room Berlin**

Sexology

**ML-03 MASTER LECTURE**

**15:30 – 16:00 Auditorium A**

**ISSM Lecture**

**TRT and cardiovascular effects: what are the consequences on daily practice?**

Chair: Mario Maggi, Italy

Speaker: Wayne Hellstrom, USA

**15:30 – 16:00 Coffee break/Highlighted Poster Tours**

**RT-05 ROUND TABLE**

**16:00 – 17:00 Auditorium A**

**ENDOMETRIOSIS and its sexual consequences**

Chairs: Arik Shechter, Israel

Gideon Sartorius, Switzerland

Anatomical distribution of deep pelvic infiltrating endometriosis and its relationship with pain symptoms and sexual function

Guilia Montanari, Italy

Medical treatment of endometriosis and effects on sexual function

Johannes Bitzer, Switzerland

Surgical ablation of endometriosis: does it improve sex lives?

Ignacio Cristobal, Spain

**RT SMSNA SESSION**

**16:00 – 17:00 Room Paris**

**Management of the fibrotic penis**

Priapism and fibrosis: summary of ICSM recommendations

Arthur Burnett, USA

Case presentations

Lawrence Scott Hakim, USA

Penile prosthesis surgery in the post-priapism fibrotic penis

Hossein Sadeghi-nejad, USA

**ML-04 MASTER LECTURE**

**17:00 – 17:30 Room Madrid**

**Erotic art at the Prado**

Chair: Natalio Cruz-Navarro, Spain

Speaker: Manuel Mas, Spain

**SA-02 INDUSTRY SPONSORED SATELLITE SYMPOSIUM**

**17:30 – 18:30 Auditorium A**

**OPENING CEREMONY**

**18:30 – 19:30 Opening Ceremony Auditorium A**

**19:30 – 21:00 Networking Reception Foyer Area**
Preliminary Scientific Program | Friday, 5 February 2016

**RT-06**  **ROUND TABLE**
08:00–09:15  Auditorium A
Is sex dying with age?
Chairs: Erick Janssen, Belgium
        Fernando Fusco, Italy
Age-related prevalence rates of sexual difficulties, sexual dysfunctions, and sexual distress
Lies Hendrickx, Belgium
Sexual behavior in later life
David Lee, United Kingdom
Sexual changes in midlife: implications for patients and their partners
Rossella Nappi, Italy
How to discuss sex with elderly patients?
Francesco Cabello Santamaria, Spain

**LV-02**  **LIVE SURGERY**
08:00–11:00  Room Madrid
Broadcasted from Hospital in Madrid
Chairs: Guilio Garaffa, United Kingdom
        Wayne Hellstrom, USA
        Lawrence Scott Hakim, USA

**WS-03**  **WORKSHOP**
08:00–09:00  Room Paris
Hyperprolactinemia
Chair: Giovanni Corona, Italy

**WS-04**  **WORKSHOP**
09:00–10:00  Room Paris
Sexual transmitted infections: sexual consequences
Chair: Yacov Reisman, The Netherlands

**NS-02**  **NATIONAL SYMPOSIUM**
09:00–12:30  Room Berlin
Eurasian Andrology Summit in conjunction with the Italian society of andrology (SIA): update on the treatment of male infertility
Program chairs:
Ates Kadioglu, Turkey
Giorgia Franco, Italy
Selahittin Çayan, Turkey
Organiser: TAD and SIA

**RT-07**  **ROUND TABLE**
09:15–10:30  Auditorium A
Mysteries of the female orgasm
Chairs: Francesca Tripodi, Italy
        Giedre Jonusiene, Lithuania/Norway
Recreation, procreation: what are the functions of female orgasm?
Roy Levin, United Kingdom
The role of the clitorourethrovaginal complex anatomy in female orgasm
Emmanuele Jannini, Italy
The evolutionary principle behind the existence of a vaginal orgasm
Stuart Brody, United Kingdom
The mysterious phenomena of female ejaculation and squirting revisited
TBC
10:00–10:30  Coffee break/Highlighted Poster Tours

**ESSM-03**  **WAS SESSION**
10:30–11:30  Auditorium A
World Association of Sexology

**RT-08**  **ROUND TABLE**
11:00–12:00  Room Madrid
Sexytocin
Chairs: Petter Hedlund, Sweden
        Carla Costa, Portugal
Neuropeptides in sexual medicine
Emmanuele Wayne, Belgium
The role of oxytocin in the male and female sexual response cycle
Marcel Waldinger, The Netherlands
Intranasal administration of oxytocin: what are the effects on our sex lives?
Tillmann Krueger, Germany
Oxytocin: is it a love hormone or a sex hormone?
Trynke de Jong, Germany
WS-05 WORKSHOP
10:30–12:00 Room Paris
How to deal with sexual consequences of menopause?
Chairs: Lior Lowenstein, Israel
        Johannes Bitzer, Switzerland

12:00–13:30 Break

SA-03 INDUSTRY SPONSORED SATELLITE SYMPOSIUM
12:00–13:30 Auditorium A

ML-05 MASTER LECTURE
13:30–14:00 Auditorium A
Flibanserin for HSDD in women, are we medicalizing HSDD?
Chair: Yacov Reisman, The Netherlands
Speaker: Annamaria Giraldi, Denmark

RT-09 ROUND TABLE
14:00–15:30 Auditorium A
T use and abuse focus on body composition and metabolic profile
Chairs: Josep Torremadé, Spain
        Pedro Vendeira, Portugal
Obesity and hypogonadism: who came first?
Ilpo Huhtaniemi, United Kingdom
Sex steroids and the development of metabolic syndrome in the EMAS cohort
Leen Antonio, Belgium
Glycometabolic effect and anti-obesity role of TRT
Michael Zitzmann, Germany
Metabolic consequences of illicit anabolic steroid use and withdrawal management in sportsmen/body builders
Eberhard Nieschlag, Germany

VS-01 VIDEO SURGERY COURSE
14:00–15:30 Room Madrid
Video Surgery Course
Chairs: Ates Kadioglu, Turkey
        Fulvio Colombo, Italy
Penile prosthesis complication management tips. Distal penile shaft reconstruction and reinforcement: the "double-windsocks" technique
Paulo Egydio, Brazil
Total phalloplasty using a musculocutaneous latissimus dorsi (MLD) free flap
Miroslav Djordjevic, Serbia
Transurethral resection of ejaculatory duct for ejaculatory duct obstruction treatment: monopolar, bipolar or holmium laser?
Selahittin Cayan, Turkey
Recurrent hypospadias surgery: Potpourri
Rados Dijinovic, Serbia
Immediate Penile prosthesis insertion after failed T shunt and snake maneuver in patient with prolonged ischemic priapism.
Evangelos Zacharakis, United Kingdom
Treatment of urethral strictures in patient with balanitis xerotica obliterans (BXO) using buccal mucosal graft
Omid Sedigh, Italy
Simultaneous implantation of male sling and inflatable prosthesis in the post-prostatectomy patient
Agustin Fraile Poblador, Spain
Corporoplasty using buccal mucosal graft in Peyronie disease
Alessandro Zucchi, Italy
M. Silvani, A.L. Pastore, F. Fioretti, A. Fabiani, T. Villirillo, E. Costantini
Preliminary Scientific Program | Friday, 5 February 2016

<table>
<thead>
<tr>
<th>PS-04</th>
<th>PODIUM SESSION</th>
<th>14:00 – 15:30</th>
<th>Room Berlin</th>
<th>Basic Science</th>
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<tbody>
<tr>
<td>PS-05</td>
<td>PODIUM SESSION</td>
<td>14:00 – 15:30</td>
<td>Room Paris</td>
<td>Female sexual dysfunction</td>
</tr>
</tbody>
</table>
| ML-06 | MASTER LECTURE | 15:30 – 16:00 | Auditorium A | Do we smell sexy? The search for human pheromones  
Chair: Javier Angulo, Spain  
Speaker: Tristam Wyatt, United Kingdom |
| RT-11 | ROUND TABLE | 16:00 – 17:30 | Room Madrid | Joint session with EPATH  
Chairs: Guy T’Sjoen, Belgium  
Timo Ole Nieder, Germany |
| | | | | Sexual history taking with trans people  
Cecilia Dheijne, Sweden  
Fertility options for trans people  
Guy T’Sjoen, Belgium  
Gender diversity  
Timo Ole Nieder, Germany  
Surgical option for trans people  
Marc-Bram Bouman, The Netherlands |
| RT-10 | ROUND TABLE | 16:00 – 17:30 | Auditorium A | Sexual health is cardiovascular health? A 2016 update  
Dedicated to the pioneering work of career-award winner Graham Jackson  
Chairs: Beatrice Cuzin, France  
Luiz Ottavio Torres, Brazil |
| | | | | Erectile dysfunction as a harbinger for cardiovascular disease, a 2016 update  
Piero Montorsi, Italy  
Lifestyle modification and the effects on ED and CV  
Geoffrey Hackett, United Kingdom  
Metabolic syndrome and systemic inflammation and their roles in ED and CVD  
Linda Vignozzi, Italy  
Phosphodiesterase-5 inhibitors in the cardiac patient?  
Andrea Isidori, Italy |
| NS-03 | NATIONAL SYMPOSIUM | 16:00–17:30 | Room Berlin | AIUS – Association Interdisciplinaire  
pot Universitaire de Sexologie  
English language |
| ML-07 | MASTER LECTURE | 17:30–18:00 | Auditorium A | Mood, and its role in sexual inhibition and excitation  
Chair: Francesca Tripodi, Italy  
Speaker: Erick Janssen, Belgium |
| ESSM ANNUAL BUSINESS MEETING | | 18:00 – 19:00 | Room Madrid | for members only |
**Saturday, 6 February 2016 | Preliminary Scientific Program**

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<thead>
<tr>
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<th>Location</th>
<th>Title/Topic</th>
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</tr>
</thead>
</table>
| **08:00–09:00** | **RT-12** | **ROUND TABLE** | Dermatological changes in the vulvovaginal area, from diagnosis to management | **Chairs:** Annamaria Giraldi, Denmark  
Lior Lowenstein, Israel  
**Benign disorders in the vulvovaginal area (LSEA, infections,....)**  
Ahinoam Lev-Sagie, Israel  
Vestibulitis/provoked vestibulodynia and sexual functioning  
Alessandra Graziottin, Italy  
Vulvar cancer and vulvectomy: is sexual life over?  
Leen Aerts, Belgium |

**08:00–09:15** | **RT-13** | **ROUND TABLE** | Men's health checklist: male health status and sexuality throughout the lifespan | **Chairs:** Giorgio Bozzini, Italy  
Ana Puigvert, Spain  
**Sexual development in the womb through puberty**  
Ulla Joensen, Denmark  
**What men should know about STI**  
Önder Yaman, Turkey  
Lifestyle, testosterone and sexual function  
Giovanni Corona, Italy  
Sexuality and general health issues in the aging male  
Markus Margreiter, Austria |

**09:00–10:00** | **WS-06** | **WORKSHOP** | Difficult cases in psychogenic ED: from diagnosis to treatment | **Chair:** Evie Kirana, Greece |

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<tr>
<th>Time</th>
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</tr>
</thead>
</table>
| **09:00–10:30** | **RT-14** | **ROUND TABLE** | Where does normal stop and perverse start? | **Chairs:** Luc Gijs, Belgium  
Petr Weiss, Czech Republic  
Asexuality, (how) does it differ from hypoactive sexual desire disorder?  
Paul Enzlin, Belgium  
Assessment and approach of hypersexuality and hypersexual disorder  
**TBC**  
Neurobiological and cognitive factors in pedophilia  
Tillmann Krueger, Germany  
Is sexual offender profiling possible, and how can we prevent sexual offense recidivism?  
Andreas Mokros, Switzerland |

**09:15–10:30** | **RT-15** | **ROUND TABLE** | Complex cases and complication management in penile disorders | **Chairs:** Antoine Faix, France  
Ahmad Shamsodini, Qatar  
Complex genital trauma: what are the options: penile transplantation?  
Rados Djinovic, Serbia  
Complex presentation of Peyronie's disease: which intervention for which patient?  
Ates Kadioglu, Turkey  
Herniation, impeding erosion and infected penile prosthesis: how to tackle?  
Carlo Bettocchi, Italy  
Simultaneous management of the complications of radical prostatectomy: dual implantation using a single incision  
Juan-Ignacio Martinez-Salamanca, Spain  
To shunt or to implant? Surgical treatment of ischemic priapism  
Asif Muneer, United Kingdom |

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<tr>
<td><strong>10:00–10:30</strong></td>
<td><strong>Coffee break/Highlighted Poster Tours</strong></td>
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### Preliminary Scientific Program | Saturday, 6 February 2016

<table>
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<tr>
<th>Time</th>
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<th>Topic</th>
<th>Location</th>
<th>Chairs and Participants</th>
</tr>
</thead>
</table>
| 10:30 – 10:50 | Master Lecture | State of the art in male contraception | Auditorium A | Hartmut Porst, Germany  
Fred Wu, United Kingdom |
| 10:30 – 11:10 | Workshop | Difficult cases of ejaculatory disorders: practical tips | Room Paris | Emmanuele Jannini, Italy  
Ege Can Serefoglu, Turkey |
| 11:00 – 11:20 | Round Table | Shocking penile therapies: ESWT from bench to bedside | Room Madrid | Dimitris Hatzichristou, Greece  
Yoram Vardi, Israel  
Ilan Gruenwald, Israel  
Georgios Hatzichristodoulou, Germany  
Delphine Behr-Roussel, France  
Trinity Bivalacqua, USA |
| 11:00 – 11:20 | Round Table | Penile controversies: the foreskin | Room Madrid | Mariano Rosello Gaya, Spain  
Ege Can Serefoglu, Turkey |
| 11:30 – 12:00 | Workshop | Infertility and sexuality: why and how to pay attention | Room Paris | Ates Kadioglu, Turkey  
Saturnino Lujan, Spain |
| 12:00 – 13:00 | Break |                                                                 |                |                                                                                       |
| 13:00 – 13:30 | Master Lecture | Award of Excellence | Auditorium A | Carla Costa, Portugal  
Award of Excellence Winner 2015 |
| 14:00 – 15:15 | Round Table | The health benefits of sexual expression | Room Madrid | Kevan Wylie, United Kingdom  
Yacov Reisman, The Netherlands |

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### Conference Sessions

#### ML-08 Master Lecture
- **Title:** State of the art in male contraception  
  **Chair:** Hartmut Porst, Germany  
  **Speaker:** Fred Wu, United Kingdom

#### WS-08 Workshop
- **Title:** Difficult cases of ejaculatory disorders: practical tips  
  **Chairs:** Emmanuele Jannini, Italy  
  Ege Can Serefoglu, Turkey

#### RT-16 Round Table
- **Title:** Shocking penile therapies: ESWT from bench to bedside  
  **Chairs:** Dimitris Hatzichristou, Greece  
  Yoram Vardi, Israel  
  Ilan Gruenwald, Israel  
  Georgios Hatzichristodoulou, Germany  
  Delphine Behr-Roussel, France  
  Trinity Bivalacqua, USA

#### RT-17 Round Table
- **Title:** Penile controversies: the foreskin  
  **Chairs:** Mariano Rosello Gaya, Spain  
  Ege Can Serefoglu, Turkey

#### WS-09 Workshop
- **Title:** Infertility and sexuality: why and how to pay attention  
  **Chairs:** Ates Kadioglu, Turkey  
  Saturnino Lujan, Spain

#### RT-18 Round Table
- **Title:** The health benefits of sexual expression  
  **Chairs:** Kevan Wylie, United Kingdom  
  Yacov Reisman, The Netherlands  
  Kevan Wylie, United Kingdom  
  Muammer Kendirci, Turkey  
  Ellen Laan, The Netherlands  
  Woet Gianotten, The Netherlands
### RT-19 ROUND TABLE
14:00 – 15:15
**Auditorium A**

**Ejaculatory and orgasmic dysfunction in 2016**

**Chairs:** Patrick Jern, Finland  
Chris McMahon, Australia

- Orgasmic disorders as a neglected side effect of radical prostatectomy: underestimated?
  - Mikkel Fode, Denmark

- Dapoxetine in the real-life setting: the PAUSE study highlighted
  - Paolo Verze, Italy

- Delayed ejaculation and anorgasmia in the male: difficult to treat?
  - Selahittin Çayan, Turkey

- The human spinal generator of ejaculation: implications for future treatment of PE?
  - Francois Giuliano, France

### RT-20 ROUND TABLE
15:15 – 16:30
**Auditorium A**

**Urethral surgery and its effects on sex life**

**Chairs:** Salvatore Sansalone, Italy  
Giorgio Franco, Italy

- Ejaculatory consequences of urethral stricture disease and urethral reconstruction
  - Enrique Lledo, Spain

- Erectile dysfunction following anterior urethroplasty: why does it occur and is it temporary?
  - Duncan Summerton, United Kingdom

- Surgical management of the urethra in gender reassignment
  - Giulio Garaffa, United Kingdom

- Spongiosis and Peyronie's disease: common pathways, common future treatment targets?
  - Fabio Castiglione, Belgium

### RT-21 ROUND TABLE
14:00 – 15:00
**Room Paris**

**Submitted surgery videos**

### RT-21 ROUND TABLE
15:15 – 16:30
**Room Madrid**

**Impact of metabolic and eating disorders on sexual function in men and women**

**Chairs:** Giovanni Castellini, Italy  
Elisa Maseroli, Italy

- Cardiometabolic risk and female sexual health: the Princeton III summary
  - Martin Miner, USA

- Central pathways integrating energy balance and reproduction: insides from the lab
  - Manuel Tene-Sempere, Spain

- Sexual dysfunction in the female diabetic population
  - Stephanie Both, The Netherlands

- Weight loss and lifestyle modification and effects on sexual dysfunctions
  - Antonio Aversa, Italy

### PS-07 PODIUM SESSION
14:00 – 15:00
**Room Paris**

**Submitted surgery videos**

### PS-07 PODIUM SESSION
15:00 – 16:30
**Room Paris**

**Male sexual dysfunction**

### PS-08 PODIUM SESSION
15:00 – 16:30
**Room Madrid**

**CLOSING CEREMONY**
16:30 – 17:00

- Closing Remarks
- Best Presentation Awards
Multidisciplinary Joint Committee on Sexual Medicine Exam (MJCSM)

An ESSM Guide to the Qualification Examination and Preparation Courses 2016

Fellow of the European Board on Sexual Medicine (FECSM)
The qualification examination of the Multidisciplinary Joint Committee on Sexual Medicine (MJCSM) will take place on 3 February 2016.

Sexual Medicine is a discipline concerned with the impact of physiology and pathophysiology, psychology and psycho-pathology, relationships, socio-cultural influences, developmental effects, sexual identity, sexual behaviours, gender identity and inter-gender differences on the sexuality of men and women of all ages, both as individuals and within the context of their relationships. Its aim is the restoration of sexual health, a state of complete physical, mental, and social well-being with respect to sexuality, as well as the management of sexual problems.

The MJCSM was established by the UEMS specialist sections of Urology, Obstetrics and Gynaecology and Psychiatry and functions within the framework of their respective statutes and bylaws. The main objective is to guarantee the highest standards of health care in the field of Sexual Medicine in the countries of the European Union and associated European countries, by ensuring that the training in Sexual Medicine is raised to the optimal level. The MJCSM shall recommend the content of training programmes, the access for training, and professional knowledge and skills for Sexual Medicine.

The MJCSM issues a certificate of recognition of quality of the training programme. Prior to entry into training in Sexual Medicine, candidates should be accredited in a medical speciality relevant to the practice of Sexual Medicine. Such specialities include Urology, Obstetrics and Gynaecology, Psychiatry, Internal Medicine and General Practice, although this is not a comprehensive list.

The MJCSM determines the standards for training and assessment in Sexual Medicine. Successful candidates will be awarded on behalf of the MJCSM the title of “Fellow of the European Committee of Sexual Medicine” (FECSM).

So far 384 physicians received FECSM qualification. In February 2016 the third MJCSM exam will take place.

Who can apply?
FECSM is a particular qualification in Sexual Medicine awarded under auspices of the UEMS, the EU organisation with responsibility for specialist medical practice. To be eligible to take the FECSM examination, you must be:

- A registered medical practitioner
- Accredited as a medical specialist in your country of practice
- A General Practitioner/Family Physician with more than 5 years’ clinical experience of unsupervised independent practice

Candidates need to fill out their cases in the logbook available at the MJCSM website.

When applying for the exam, the applicant should deliver:
- A fully-completed application form
- A description of his/her educational and clinical experience in the field of Sexual Medicine
- A list of publications in the field of Sexual Medicine, if any (not obligatory)
- Authenticated proofs of your medical qualifications
- Two letters of recommendation according to standard format

Examination format
The exam duration will be 3 hours and is likely to include 100 MCQs (multiple choice questions) in 5 domains of Sexual Medicine:

1. Basic science (including psychology) of the sexual response including sexual development

2. General sexual issues
   a. Impact of gender
   b. Impact of aging
   c. Sexual orientation
   d. Ethical and legal aspects
   e. Historical aspects

3. Diagnosis and management of male sexual dysfunctions

4. Diagnosis and management of female sexual dysfunctions

5. Other sexual disorders
   a. Gender identity disorders
   b. Problematic and variant sexual behaviours
   c. Impact of other conditions including STI, cancer and cancer treatments

The content of the examination will be according to the curriculum of Sexual Medicine defined by the MJCSM. Recommended literature is the ESSM Manual of Sexual Medicine, published by the ESSM. The following list of topics is only a guide to the topics that will be included in the examination:
The Sexual Physician must have acquired, and must maintain, specialised knowledge in the following areas, including relevant basic sciences:

1. Sexual development
   a. Sexual differentiation and development, including developmental abnormalities of male and female genital and reproductive systems
   b. Social and cultural factors in sexual development
   c. Psychosexual development, including the development of gender identity and sexual orientation
   d. The incorporation of sexuality into relationships
   e. Mating strategies and patterns of sexual behaviour

2. Psychology and physiology of sexual response
   a. Central and peripheral neurovascular mechanisms, including the role of higher brain centres
   b. Role of hormones and the immune system
   c. Genital and other peripheral responses
   d. Orgasm, emission and ejaculation

3. Impact of gender
   Similarities and differences between men and women in:
   a. Psycho-physiological processes and how they are experienced
   b. Patterns of sexual behaviour throughout life
   c. Sexual attitudes

4. Sexual orientation
   a. Theories of causation
   b. Epidemiology
   c. Impact on sexuality, sexual response and behaviours
   d. Evolution of socio-cultural attitudes

5. Ageing and sexuality
   a. The effect of physiological, psychological and socio-cultural factors on sexuality throughout life
   b. Changes in sexual response throughout life

6. Sexual dysfunctions in men and women
   a. Definitions, classification and systems of nomenclature
   b. Epidemiology, pathophysiology and risk factors
   c. Differentiation between sexual dysfunction and short term, or transient, alterations of sexual function
   d. Diagnosis and treatment of sexual dysfunctions
      1. Desire disorders
      2. Arousal disorders
      3. Orgasmic disorders
      4. Ejaculatory disorders
      5. Genital pain and pelvic floor disorders
      6. Structural/anatomical abnormalities

7. Problematic or variant sexual behaviours
   a. Paraphilia (exhibitionism, voyeurism, paedophilia, sadomasochism, fetishism, etc.)
   b. Variant (behaviours other than peno-vaginal intercourse) sexual behaviours
   c. High risk, compulsive and/or addictive sexual behaviour
   d. Paraphilia, variant sexual behaviour and the law

8. Gender identity disorders
   a. Theories of causation
   b. Definitions, classification and systems of nomenclature
   c. Epidemiology
   d. Diagnosis, management and standards of care

9. Impact of other conditions on sexuality and sexual function
   a. Somatic or psychic disorders and/or their treatment
   b. Sexually transmitted infections
   c. Sexual problems related to reproduction
   d. Iatrogenic sexual problems, including the impact of drugs, surgery and radiation
   e. Sexual violence and abuse

10. Clinical management of sexual disorders
    a. Principles
    1. Evidence based medicine
    2. Combination of psychosomatic and somatomedical approaches
    3. Interdisciplinary collaboration in Sexual Medicine
    4. Patient- and couple-centred care
    b. Methods
    1. Establishing and managing a Sexual Medicine service
    2. Educational
    3. Psychotherapeutic
    4. Pharmacological
    5. Physical and surgical
    6. Integrative care

11. Ethical and legal aspects of Sexual Medicine

12. Research methods related to Sexual Medicine

13. History of Sexual Medicine

A detailed and annotated Syllabus of Sexual Medicine is published by the ESSM Education Committee.

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3 February 2016 | Multidisciplinary Joint Committee on Sexual Medicine Exam (MJCSM)

Exam date: 3 February 2016
Location: Novotel Madrid Campo de las Naciones
         Madrid, Spain
Application deadline: 2 November 2015
Examination fee: EUR 400

Get more information at www.mjcsm.org
AN EFS AND ESSM GUIDE

to the Qualification Examination for Preparation Courses 2016 EFS & ESSM Certified Psycho-Sexologist (ECPS)

The qualification examination of the EFS and ESSM will take place on 3 February 2016.

The ESSM and EFS collaborate to guarantee and promote the highest standards of healthcare in the field of Sexology and Sexual Medicine. For this purpose an educational program and qualification exam has been set-up.

This year the second examination for a psychologist qualification will take place.

Exam date: 3 February 2016
Location: Novotel Madrid Campo de las Naciones
Madrid, Spain
Application deadline: 2 November 2015
Examination fee: EUR 300

Eligibility

The eligibility criteria for the exam are published on the ESSM website. The exam is set under the auspices of the EFS and ESSM but all nationalities, including countries outside the EU, are able to register for the exam.

Eligibility will be individually assessed according to the criteria set out below by the exam committee of both societies. The application forms will be reviewed by the examination committee. It is essential that applicants provide all the required information when applying.

Who can apply?

- University qualified psychologists, who are accredited in their country of practice
  - or
- Psychiatrists
  - or
- Medical doctors with academic psychotherapy degree and
  - Postgraduate training in sexology including supervised experience

When applying for the exam, the applicant should deliver:

- A fully-completed application form
- A description of his/her educational and clinical experience in the field of Sexology
- A list of publications in the field, if any (not obligatory)
- Authenticated proofs of qualifications
- Two letters of recommendation according to standard format

Examination format

The exam duration will be 3 hours and is likely to include 100 MCQ in domains according to the EFS/ESSM Syllabus of Clinical Sexology, which has been published by the Educational Committee of the ESSM.

It includes the following domains:

- Introduction to human sexuality
- Issues of intimate relationships
- Bio-psycho-social aspects of sexual development and the sexual response
- Diagnostic and therapeutic methods in psychosexual therapy
- Male sexual dysfunctions
- Female sexual dysfunctions
- Medical conditions and their relation to sexual function
- Other sexual disorders
- Issues related to contraception and childbirth

Recommended literature for the exam:

The EFS-ESSM syllabus of Clinical Sexology.

Get more information at www.essm.org
ESSM EXAM PREPARATION COURSES

ESSM offers examination preparation courses for practitioners intending to take the examinations in 2016.

Preparation courses of 3 days will provide an overview of all subjects in the curriculum that may be included in the examination, as well as advice about exam-taking skills and practice in completing a MCQ. The course teaching faculties will include experts in the field.

Dates: 31 January to 2 February 2016
Fee: EUR 300

Location of preparation course, MJCSM and ECPS exams
Novotel Madrid Campo de las Naciones
C./Amsterdam 3
28042 Madrid, Spain

The Preparation Course and Exams venue is in a 5 min walking distance from the congress venue.

Hotel rooms for the entire period can be booked on: www.essm-congress.de

CME ACCREDITATION

Application will be made for CME recognition for these courses and the exam so that participants may gain CME credits.

For EFS/ESSM members a special package will be offered after successful application in one of the exams.

ESSM PACKAGE DEAL

For ESSM members, an attractive package fee is offered, consisting of

- the Preparation course
- the exam
- Congress participation fee

Package Course + Congress for MD + MJCSM Exam EUR 1,000
Package Course + Congress for MD + ECPS Exam EUR 1,000
Package Course + Congress for Psychologists + ECPS Exam EUR 800
# ESSM Exam Preparation Courses Program I 31 January – 2 February 2016

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<td>Introduction</td>
<td>Yacov Reisman, The Netherlands</td>
</tr>
<tr>
<td>12:10–12:40</td>
<td>Male anatomy, physiology and hormones</td>
<td>Woet Gianotten, The Netherlands</td>
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<tr>
<td>12:40–13:10</td>
<td>Female anatomy and physiology</td>
<td>Annamaria Giraldi, Denmark</td>
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<tr>
<td>13:10–13:40</td>
<td>Sexual response models</td>
<td>Francesca Tripodi, Italy</td>
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<td>13:40–14:10</td>
<td>HPG axis (menstrual cycle and menopause)</td>
<td>Lior Lowenstein, Israel</td>
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<tr>
<td>14:10–14:30</td>
<td>Break</td>
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<tr>
<td>14:30–15:00</td>
<td>Sexual development</td>
<td>Francesca Tripodi, Italy</td>
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<tr>
<td>15:00–15:30</td>
<td>Sexuality in elderly population</td>
<td>Woet Gianotten, The Netherlands</td>
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<tr>
<td>15:30–16:00</td>
<td>Sexual clinical history</td>
<td>Hartmut Porst, Germany</td>
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<tr>
<td>16:00–16:30</td>
<td>Sexual orientation</td>
<td>Woet Gianotten, The Netherlands</td>
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<td>16:30–17:00</td>
<td>Break</td>
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<tr>
<td>17:00–17:30</td>
<td>Hormonal disorders and male sexual dysfunction</td>
<td>Woet Gianotten, The Netherlands</td>
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<tr>
<td>17:30–18:00</td>
<td>Male hypoactive sexual desire disorders</td>
<td>Yacov Reisman, The Netherlands</td>
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<tr>
<td>18:00–19:00</td>
<td>Erectile dysfunction</td>
<td>Hartmut Porst, Germany</td>
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**Sunday, 31 January 2016**

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<tr>
<td>09:00–10:00</td>
<td>Ejaculatory and orgasmic disorders</td>
<td>Paraskevi-Sofia Kirana, Greece Hartmut Porst, Germany</td>
</tr>
<tr>
<td>10:30–11:00</td>
<td>Sexual arousal disorders</td>
<td>Annamaria Giraldi, Denmark</td>
</tr>
<tr>
<td>11:00–11:30</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>11:30–12:00</td>
<td>Hypoactive sexual desire disorder</td>
<td>Annamaria Giraldi, Denmark</td>
</tr>
<tr>
<td>12:00–12:30</td>
<td>Orgasmic disorders</td>
<td>Annamaria Giraldi, Denmark</td>
</tr>
<tr>
<td>12:30–13:00</td>
<td>Sexual pain disorders</td>
<td>Annamaria Giraldi, Denmark</td>
</tr>
<tr>
<td>13:00–14:00</td>
<td>Lunch</td>
<td></td>
</tr>
<tr>
<td>14:00–14:30</td>
<td>Female sexual function in midlife</td>
<td>Woet Gianotten, The Netherlands</td>
</tr>
<tr>
<td>14:30–15:00</td>
<td>Pelvic floor disorders and sexual function</td>
<td>Lior Lowenstein, Israel</td>
</tr>
<tr>
<td>15:00–15:30</td>
<td>Pregnancy, postpartum abortion and sexuality</td>
<td>Woet Gianotten, The Netherlands</td>
</tr>
<tr>
<td>15:30–16:00</td>
<td>Contraception and sexual dysfunction</td>
<td>Lior Lowenstein, Israel</td>
</tr>
<tr>
<td>16:00–16:30</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>16:30–17:00</td>
<td>Paraphilia and variant sexual behaviour</td>
<td>Paraskevi-Sofia Kirana, Greece</td>
</tr>
<tr>
<td>17:00–17:30</td>
<td>Hypersexual behaviour</td>
<td>Francesca Tripodi, Italy</td>
</tr>
<tr>
<td>17:30–18:00</td>
<td>Gender identity disorders</td>
<td>Francesca Tripodi, Italy</td>
</tr>
</tbody>
</table>

**Monday, 1 February 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Room A</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00–09:30</td>
<td>Pelvic pain and sexual dysfunction</td>
<td>Yacov Reisman, The Netherlands</td>
</tr>
<tr>
<td>09:30–10:00</td>
<td>Cancer and sexuality</td>
<td>Woet Gianotten, The Netherlands</td>
</tr>
<tr>
<td>10:00–10:30</td>
<td>Iatrogenic sexual dysfunction and sexual rehabilitation</td>
<td>Woet Gianotten, The Netherlands</td>
</tr>
<tr>
<td>10:30–11:00</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>11:00–12:00</td>
<td>Tips &amp; tricks of MCQ exam</td>
<td>Yacov Reisman, The Netherlands</td>
</tr>
<tr>
<td>12:00–13:00</td>
<td>Lunch</td>
<td></td>
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<tr>
<td>13:00–14:30</td>
<td>Andrological emergencies</td>
<td>Hartmut Porst, Germany</td>
</tr>
<tr>
<td>14:30–15:00</td>
<td>Prostate diseases and sexual function</td>
<td>Yacov Reisman, The Netherlands</td>
</tr>
<tr>
<td>15:00–15:30</td>
<td>Penile disorders and M. Peyronie</td>
<td>Hartmut Porst, Germany</td>
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<tr>
<td>15:30–16:00</td>
<td>Break</td>
<td></td>
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<tr>
<td>16:00–16:30</td>
<td>Female external genitals disorders</td>
<td>Lior Lowenstein, Israel</td>
</tr>
<tr>
<td>16:30–17:00</td>
<td>Dermatology of the external genitals</td>
<td>Lior Lowenstein, Israel</td>
</tr>
<tr>
<td>17:00–17:30</td>
<td>STD, AIDS and sexual function</td>
<td>Yacov Reisman, The Netherlands</td>
</tr>
<tr>
<td>13:00–14:30</td>
<td>Sexuality and health promotion, rights and law</td>
<td>Paraskevi-Sofia Kirana, Greece</td>
</tr>
<tr>
<td>14:30–15:00</td>
<td>Mass media and sexuality</td>
<td>Paraskevi-Sofia Kirana, Greece</td>
</tr>
<tr>
<td>15:00–15:30</td>
<td>Sexual motivation, intimacy and communication</td>
<td>Marijke Dewitte, Belgium</td>
</tr>
<tr>
<td>15:30–16:00</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>16:00–16:30</td>
<td>Therapeutic methods of sexologists</td>
<td>Marijke Dewitte, Belgium</td>
</tr>
<tr>
<td>16:30–17:00</td>
<td>Therapeutic methods of sexologists--cont</td>
<td>Marijke Dewitte, Belgium</td>
</tr>
<tr>
<td>17:00–17:30</td>
<td>Sexual violence and child sexual abuse</td>
<td>Francesca Tripodi, Italy</td>
</tr>
</tbody>
</table>
Call for Abstracts/Call for Late Breaking Posters

For the submission of oral, poster or surgery video presentations abstracts in English are required by the ESSM Scientific Committee. Abstracts can only be submitted online on the congress website www.essm-congress.org

Submission Deadline for
1. Posters
2. Oral Presentations
3. Surgery Videos
is 15 October 2015
Submission Deadline for Late Breaking Posters
open from: 1 December 2015 – 6 January 2016

ESSENTIALS FOR ALL ABSTRACTS
Please read the essentials for abstracts carefully before submitting an abstract:

- Abstracts can be submitted as oral, poster, poster/oral presentation or as surgery video.
- Submissions for surgery videos require an abstract and the upload of the video with duration of 5 minutes. Videos of up to 4 GB as mp3 or mp4 files are required.
- Abstracts must be prepared in English.
- Abstracts should be submitted online via the congress website. Abstracts received by e-mail, on paper or by fax cannot be accepted.
- For poster submissions, a maximum of 3 abstracts may be submitted by each author. If the author is not the presenter, a presenter must be added. A presenter is allowed to present up to 3 posters during the congress.
- Presenting authors whose abstracts are accepted for presentation must register for the Congress and pay the required registration fee.
- Please note that a maximum of 300 words is allowed.
- Abstracts accepted as oral and/or poster presentations will be published in a dedicated online supplement of the Journal of Sexual Medicine (JSM) following to the ESSM Congress 2016 after being presented during the congress.
- Abstracts can be saved in draft status and completed before the deadline. The submission system will generate a temporary submission number that must be used in all correspondence. If you do not receive this number immediately after your submission, your abstract has not been registered.
- A title that clearly indicates the nature of the investigation should be provided.
- Abbreviations should be avoided in titles, but may be used in the text if they are defined at first usage.
- The abstract should be as informative as possible: Objectives (indicate the purpose of the study or the hypothesis that was tested), Methods (include the setting for the study, the subjects, the diagnosis or intervention, and the type of statistical analysis, if references are needed, they should be given in the text). Results (present as clearly as possible the outcome of the study and statistical significance if appropriate) and Conclusions (briefly discuss the data and emphasize the significance of the results).
- Please ensure that your abstract does not contain spelling, grammatical or scientific errors, as it will be reproduced exactly as submitted.
- Abstract submissions must be accompanied by a declaration of any potential conflict of interest for all authors (first authors) since scientific sessions are intended to focus on educational content that is free from commercial influence or bias.
- All accepted abstracts will be published in the online scientific program from 3 February 2016.

Please follow carefully these instructions. Abstracts not prepared correctly will not be considered for presentation. Correction of abstracts cannot be accepted following to the deadline of 15 October 2015.

Authors will be informed on the acceptance of their abstracts by mid of November 2015.

Please bear in mind that accepted abstracts will be published in the online JSM supplement only after completed registration and payment of the congress registration fee and presentation during the ESSM Congress 2016.

Submit your latest research results
Late Breaking Poster submission open from:
1 December to 6 January 2016
at www.essm-congress.org
## ESSM Topics/Registration

### ESSM TOPICS

#### Topics on Male Sexual Disorders (MSD)
1. Preclinical research
2. Psychosexual issues and management
3. ED epidemiology and risk factors
4. ED and lifestyle management
5. ED conservative / medical treatment
6. ED surgical treatment
7. Prostate cancer treatment and sexual rehabilitation
8. Peyronie’s disease
9. Penile congenital anomalies
10. Rare penile disorders (priapism, penile cancer, skin lesions)
11. Genital reconstructive surgery
12. Ejaculatory and orgasmic disorders
13. Prostate and male sexual health
14. Hormones and male sexual health
15. Homosexuality and gender identity disorders
16. Sexually Transmitted Diseases (STD)
17. Miscellaneous

#### Topics on Female Sexual Disorders (FSD)
1. Preclinical research
2. Epidemiology and risk factors
3. Urogenital surgery and women’s sexual health
4. Cultural and religious issues
5. Libido, arousal and orgasmic disorders
6. Pelvic / genital pain syndrome and FSD
7. Recurrent urogenital infections and sex
8. Hormones and women’s sexual health
9. Cancer (breast, uterus) and sex
10. MSD and women’s sexual health
11. Genital plastic surgery and women’s sexual health
12. Incontinence and sex life
13. Sexual life in the elderly woman
14. Drugs for FSD
15. Psychosexual interventions in FSD
16. Contraception, pregnancy and sex
17. STD manifestations in women
18. Commerce and female sexuality
19. Miscellaneous

### REGISTRATION

Registration is online available at [www.essm-congress.org](http://www.essm-congress.org)

### CONGRESS AND EXHIBITION OFFICE

**CPO HANSER SERVICE**
Office Hamburg
Hanser & Co GmbH
Zum Ehrenhain 34, 22885 Barsbüttel l Germany
Phone: +49 –40 – 670 88 20
Fax: +49 –40 – 670 32 83
Email: essm2016@cpo-hanser.de

### REGISTRATION FEES

Registrations received after 26 January 2016 will be processed as on-site registrations. Delegates invited by companies will receive their registration directly from the sponsoring company.

Registration fee for participants includes:
- Admission to all scientific sessions and workshops
- Admission to poster and technical exhibition
- Admission to the ESSM opening ceremony and networking reception on 4 February 2016
- Conference materials, such as delegate bag, final program
- Morning and afternoon coffee breaks from Thursday to Saturday

### CONGRESS FEES

<table>
<thead>
<tr>
<th>Registration and Payment</th>
<th>until 15 Oct 2015</th>
<th>from 16 Oct 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESSM members, physicians (MD)</td>
<td>EUR 500</td>
<td>EUR 600</td>
</tr>
<tr>
<td>Non-members, physicians (MD)</td>
<td>EUR 600</td>
<td>EUR 700</td>
</tr>
<tr>
<td>ESSM members with reduced fees*: Nurses, residents in training, scientists (Phd), psychologists, therapists, students</td>
<td>EUR 200</td>
<td>EUR 250</td>
</tr>
<tr>
<td>Non-members with reduced fees*: Nurses, residents in training, scientists (Phd), psychologists, therapists, students</td>
<td>EUR 250</td>
<td>EUR 300</td>
</tr>
<tr>
<td>Medical students**</td>
<td>free of charge</td>
<td></td>
</tr>
</tbody>
</table>

* A letter of the Chairman of the department is necessary.
** Upon provision of according confirmation of their department.
Registration

**ESSM PACKAGE DEAL**

For ESSM members, an attractive package fee is offered, consisting of

- the Preparation course
- the exam
- Congress participation fee

Package Course + Congress for MD + MJCSM Exam **EUR 1,000**

Package Course + Congress for MD + ECPS Exam **EUR 1,000**

Package Course + Congress for Psychologists + ECPS Exam **EUR 800**

Get more information on the preparation courses and exams from page 22.

**PAYMENT**

When registering for the congress, please arrange payment of registration fee and any other cost according to the instructions on the online registration. You can choose between two forms of payment. We recommend credit card payment. Bank transfers are expensive, since you will have to pay the bank transfer charges twice, once in the country of origin, and a second time in the target country. All payments are made in EUR.

- Credit card (American Express, MasterCard, Visa)
- Bank transfers to the Congress bank account:
  Hanser & Co w / ESSM 2016 ZB
  HSH Nordbank AG
  IBAN: DE38 2105 0000 1001 3025 28
  BIC: HSH NDE HH XXX

**CANCELLATION OF CONGRESS PARTICIPATION**

In case of cancellation, please notify the congress office, CPO HANSER SERVICE, in writing only. For cancellations until 15 October 2015, the registration fees will be refunded minus a handling fee of EUR 100 for administrative costs. Refunds will be made after the congress. No refund can be made for cancellations received after 15 October 2015.

**GENERAL CONDITIONS**

General conditions apply as published on the congress website. All valid conditions are available online at:

[www.essm-congress.org](http://www.essm-congress.org)

**ON-SITE REGISTRATION**

Participants who wish to register on-site are advised to arrive very early. On-site registrations will be processed on a first-come, first-served basis; priority will be given to pre-registered delegates. Depending on the number of on-site registered delegates, availability of congress bags may be limited.

**CONFIRMATION**

Upon receipt of the registration and the corresponding payment, the congress office will send a confirmation to the participant which also serves as an invoice. Please show this confirmation of participation at the registration counter when picking up your congress material. Additionally you will also find a confirmation of your individual booking on the internet under CO CONGRESS ONLINE®:

[www.essm-congress.org](http://www.essm-congress.org)
General Information

CONGRESS VENUE
Palacio Municipal de Congresos de Madrid
Campo de las Naciones
Avenida de la Capital de España Madrid, n° 7
28042 Madrid, Spain

CONGRESS AND EXHIBITION OFFICE
CPO HANSER SERVICE
Office Hamburg
Hanser & Co GmbH
Zum Ehrenhain 34
22885 Barsbüttel | Germany
Phone: +49 –40 – 670 88 20
Fax:  +49 –40 – 670 32 83
Email: essm2016@cpo-hanser.de

CONGRESS REGISTRATION COUNTER
All congress materials and documentation will be available at the congress registration counter located in the entrance area of the Palacio Municipal de Congresos.

Preliminary Opening Hours
Thursday, 4 February 2016  07:30 – 18:00
Friday, 5 February 2016  07:30 – 18:00
Saturday, 6 February 2016  07:30 – 17:00

CONGRESS WEBSITE
Further and updated information are available on the internet at www.essm-congress.org.
Registration, hotel reservation and submission of abstracts are available online.

ESSM 2016 CONGRESS APP
Get the ESSM 2016 congress app for your smart phone and experience the congress at your fingertips! Stop carrying around piles of paper and quickly find your way through the most up-to-date congress schedule. Just take the congress with you, wherever and whenever you want! The app will be completely free and provides iPhone/iPad and android users at ESSM 2016 in Madrid with on-the-go access to the schedule and vital information around the congress. Available for download prior to ESSM 2016. Powered by GLOBIT’s acclaimed CONGRESS MOBILE software.

CONGRESS LANGUAGE
The congress language is English. Simultaneous translation will not be provided. Symposia in national languages organised by the National Affiliated Societies (NAS) will be offered in a dedicated room throughout the congress days.

POSTER EXHIBITION
Posters will be sited in exhibition area in front of the main hall Auditorium A. Information regarding poster format, set-up and dismantling will be sent to the authors along with their notification of acceptance.

CO CONGRESS ONLINE®
For the 18th ESSM Congress 2016 the web based congress information system CO CONGRESS ONLINE® has been set up again at www.essm-congress.org.

Prior to the congress CO CONGRESS ONLINE® will provide information on:
- Up-to-date information about the preparation of the congress
- List of topics
- Call for oral presentations, posters and videos
- Preliminary and final scientific program
- Accepted abstracts
- List of exhibitors
- Acknowledgements of sponsors
- Congress venue
- City of Madrid
- Hotel accommodation
- Travel to Madrid
- News and updates

In due time prior to the congress the final program will be published on CO CONGRESS ONLINE® which enables each participant to set up her/his personal congress program schedule. CO CONGRESS ONLINE® offers an extensive congress service.

FINAL PROGRAM AND ABSTRACT PUBLICATION
The final program will be published on the internet at CO CONGRESS ONLINE® in January 2016. Abstracts will be published in the online JSM supplement available from end of March 2016 following to the congress with all presented abstracts.
All abstracts will be published in CO CONGRESS ONLINE® from one day prior to the congress on 3 February 2016 on the congress website and on CONGRESS MOBILE®, the congress app. On-site attendees will receive a copy of the final program along with the congress documentation.

PUBLICATION FOR PROCEEDINGS
The European Society for Sexual Medicine retains the right to publish all material presented at the Congress in an ESSM publication.

COFFEE BREAKS
Coffee and tea will be served during the morning and afternoon, daily from Thursday, 4 to Saturday, 6 February 2016 free of charge to all participants wearing a congress name badge. The congress venue also provides a restaurant on the ground floor where beverages and snacks can be purchased.

OFFICIAL ITALIAN AGENCY
Any Italian pharmaceutical company supporting or participating in a congress abroad is subjected to an authorization by AIFA (Italian drug agency), according to an Italian government decree (decreto legislativo 219/06 – art. 124). The request of authorization must be submitted within 60 days before the starting date of the event. Italian pharmaceutical companies are advised to contact the official agency appointed by the organising secretariat:

AIM GROUP INTERNATIONAL - AIM Education S.r.l.
Cristina Ghidoli
Via G. Ripamonti, 129
20141 Milan/Italy
Phone: +39 – 02 – 566 013 60
Fax: +39 – 02 – 700 485 85
Email: aifa@aimgroup.eu

LETTER OF INVITATION
The congress organiser will be pleased to send a formal letter of invitation to registered delegates requesting an invitation letter for visa purposes. It is understood that such an invitation is intended to help potential delegates to raise funds or to obtain a visa. This does not imply a commitment from the congress to provide any financial support. Letters of invitation may be requested from the congress office not later than 8 January 2016. The letters will be sent by email or upon request by postal mail. In case an express delivery is needed, the delegate shall order a courier at his/her own expense.

Please email essm2016@cpo-hanser.de for your official letter of invitation.

VISA
The entry formalities for Spain vary according to the country of origin. Please address enquiries about entry and vaccination to your travel agent or the local Spanish consulate. Further information can also be found at www.spain.info/en/

INSURANCE
The congress fee does not include insurance. All participants should arrange for their own insurance. Health and accident insurance is recommended and has to be purchased in your country of origin.

TIME
During winter time from November to March the time zone in Spain is CET (Central European time or UTC+01:00).

CURRENCY
Euro (EUR/€) is the official currency of Spain. Major credit cards are generally accepted by most of the hotels, restaurants and shops.
General Information

**CLIMATE**

The average temperature is approx. 7°C with a very pleasant high of 12°C, and an evening low of around 2°C. In January/February rain is quite prevalent compared to other months in Madrid.

**BANK AND ATM**

Most banks in Spain have automated teller machines (ATMs) that give cash advances on foreign cards, such as VISA, Cirrus, Citibank, and American Express.

**ELECTRICITY**

The local voltage is 230 V with C&F plugs. A voltage converter and plug adapter is needed for US appliances.

**FORCE MAJEURE**

For reasons beyond its control (such as war, strikes, lockouts, riots or any such civil disturbances, any acts of god, including but not limited to earthquakes, floods, droughts and typhoons and any other cause of circumstance of whatsoever nature beyond control) that have an impact on the arrangements, timetables or planning of the 18th Congress of the European Society for Sexual Medicine and its corresponding activities in Madrid, Spain, ESSM has the right to immediately alter or cancel the activities or events or any of the arrangements, timetables, plans or other items relating directly or indirectly thereto no party involved shall be entitled to any compensation for damages that result from such alteration or cancellation.

**PALACIO MUNICIPAL DE CONGRESOS DE MADRID**

The 18th ESSM Congress will take place in the Palacio Municipal de Congresos de Madrid which is located in Campo de las Naciones, the centre for business development in Madrid between the city centre and the international airport Madrid Barajas. It is a modern and light-filled building with good access to the public transportation system of Madrid.

**HOW TO GET TO THE MUNICIPAL CONFERENCE CENTRE MADRID**

**From the Airport**

Madrid Barajas airport is located only 10 minutes from the exhibition complex, and just 15 kilometers from the city centre, with which it is connected by Metro (Airport station T-1, T-2 and T-3).

**By Metro**

Access to the Municipal Conference Centre is possible from anywhere in the city by means of Campo de las Naciones station on Line 8, whose exit is at the South Entrance of the complex. Line 8 also connects the exhibition complex with the different terminals of Barajas International Airport.

**By Bus**

A wide bus network provides access to the Municipal Conference Centre from different area in the city:

- **Route 112**
  - Mar de Cristal - Feria de Madrid - Bº Aeropuerto

- **Route 122**
  - Avda. de América – Campo de las Naciones – Feria de Madrid

- **Route 828**
  - Universidad Autónoma – Alcobendas – Canillejas – Feria de Madrid

<table>
<thead>
<tr>
<th>Simple Ticket</th>
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<tr>
<td>Express Ticket Airport</td>
<td>EUR 5,00</td>
</tr>
<tr>
<td>10 travels bonus</td>
<td>EUR 12,20</td>
</tr>
</tbody>
</table>

(Prices as of September 2015)

**By Taxi**

Madrid compose of more than 15,000 taxis. The rate from the airport to the venue is approx. EUR 20. The rate from the airport to the city is EUR 30.

**By Car**

The Municipal Conference Centre in Madrid is linked by road to Madrid’s major access routes and ring roads: the M11 (Exits 5 and 7), the M40 (Exits 5, 6 and 7) and the A2 (Exit 7). The South, North and East Entrances to the exhibition complex provide direct access to various parking areas.
HOTELS IN MADRID

CPO HANSER SERVICE – Our Services
As the official housing agency for the ESSM congress, CPO HANSER SERVICE has secured a variety of hotels that range from four stars to budget accommodation.

Madrid’s diverse accommodation options range from traditional and elegant to trendy and modern. Whether in the heart of Madrid, or situated close to the Palacio Municipal de Congresos. There is a hotel for every taste, budget and need. Depending on the property you select, your hotel stay will include a wide range of amenities, exclusive to ESSM delegates.

For ESSM delegates, CPO HANSER SERVICE has secured numerous properties from which you can choose with a variety of rates. Hotel bookings are available online via CO HOTEL ONLINE®.

Visit the congress website: www.essm-congress.org to plan your stay today!
Acknowledgements

The organizers of the 18th Congress of the European Society for Sexual Medicine gratefully acknowledges the support of the following companies (as per November 2015).

**MAJOR SPONSOR**
- Menarini group

**MAIN SPONSOR**
- Boston Scientific

**SPONSORS**
- Coloplast
- Dornier MedTech Europe GmbH
- ELvation Medical GmbH
- Medispec Ltd.
- MTS Medical UG
- Sobi AB
- STORZ MEDICAL AG

**TECHNICAL EXHIBITION**
A technical exhibition will be organized in the foyers of the main auditorium close to the session rooms. Coffee bars will be located in the vicinity of the technical exhibition. Potential exhibitors can request exhibition information from the exhibition office CPO HANSER SERVICE.
Benefits from Becoming an ESSM Member

- ESSM offers its members a permanently updated web-site with different forums and a monthly update of the whole scientific literature of Sexual Medicine, Andrology and related medical disciplines.

- ESSM provides its members quarterly newsletter, ESSM Today which features the most recent news in the field of Sexual Medicine and focuses on key topics of interest to physicians in the field.

- ESSM has supported the creation of the Multidisciplinary Joint Committee on Sexual Medicine (MJCSM) that is working under the auspices of the European Union of Medical Specialists (UEMS). MJCSM’s objectives are to study, promote and harmonize the highest level of Sexual Medicine in Europe – both on the basic and postgraduate level. The MJCSM will determine the standards for training and assessment in Sexual Medicine. Successful candidates will be awarded on behalf of the MJCSM the title of “Fellow of European Committee on Sexual Medicine (FECSM).

- Since 2007 ESSM has offered interested ESSM members the participation in a course of the European School of Sexual Medicine. Since 2013 the course is held in Budapest with the participation of more than 30 students from all over the world, supervised by the School Directors Yacov Reisman and Francesca Tripodi.

- Besides this structured course ESSM offers at its annual congresses both instructional courses related to topics of interest in Sexual Medicine and Master Courses covering the key contents of the ESSM educational program.

- ESSM provides to its members important research grants which all members are welcome to apply for according to eligibility criteria. These are intended to further research into any aspect of Sexual Medicine and are awarded with a maximum of EUR 30,000.00 each for a maximum of 18 months project duration.

- ESSM recognizes that basic scientists who are not actively engaged in clinical work in sexual medicine field may have had difficulty finding funds to attend the ESSM Annual Congresses.

- Fellowship support options are available either on individual application, supported by the National Affiliated Societies or by applying to different initiatives supported by the ESSM and open for members to apply upon invitation.

Take Your Chance – Become a Member of ESSM, Now!

Seize the day, or in Latin Carpe diem and become a member of ESSM now, to take all the advantages and benefits of ESSM membership.

There are two levels of ESSM membership available:

ESSM/ISSM Membership
A combined ESSM/ISSM membership (annual fee 160 EUR) for both Sexual Medicine Societies (ESSM/ISSM) including all ESSM and ISSM membership related services, including a subscription to the Journal of Sexual Medicine which is the monthly journal of the ISSM (International) and ESSM (European), and is the leading journal in the field of Sexual Medicine. In addition there are reduced registration fees for all ISSM/ESSM related congresses.

ESSM only Membership
ESSM only membership (annual fee 50 EUR – reduced to 25 EUR for residents in training) which includes the ESSM official Scientific and Social periodical, the “ESSM Today”, full access to the new comprehensive ESSM website: www.essm.org (including regularly updated scientific material, monthly updated literature reviews, the most recent guidelines, lecture recordings and presentations from past ESSM congresses), the opportunity to participate in the ESSM educational programs, and to apply for scientific and support grants and a reduced fee for the ESSM annual congress.

Formal ESSM membership applications can either be submitted directly to the ESSM or through one of the national ESSM affiliated societies. The ESSM Executive Committee is responsible for the approval of the membership application.

ESSM Annual Membership Fees (January to December)

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Combined ESSM/ISSM Fee incl. JSM Journal</td>
<td>EUR 160</td>
</tr>
<tr>
<td>ESSM only Fee</td>
<td>EUR 50*</td>
</tr>
</tbody>
</table>

* A reduced fee EUR 25 is available for residents in training against proof of evidence.

European Society for Sexual Medicine
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